

NUTAN VIDYA MANDIR

G.T.B. Enclave, Dilshad Garden, Delhi-110093

SENIOR WING 2023-24

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LATE SH. P. SINGH

A HEART OF GOLD STOPPED BEATING, TIRELESS WORKING HANDS ARE AT REST AND A PERSON WITH AN INFECTIOUS RADIANCE SNATCHED FROM OUR MIDST, LIFE HAS NEVER BEEN THE SAME AGAIN EVER SINCE.

OUR HEARTS STIIL ACHE IN THE SADNESS OF YOUR DEPARTURE BUT WE DERIVE SOLACE FROM THE TEACHING AND LEGACY YOU LEFT BEHIND. FOR ALL THE LIVES YOU SO MAGICALLY TRANSFORMED. OUR SOULS RISE IN GRATITUDE AND PRAYERS.

THE GOLDEN SUN HAS SET... AND THE TWILIGHT RAYS ARE POWERFUL ENOUGH TO GUIDE US THROUGH THE PATH YOU ENVISIONED... TODAY...TOMORROW AND FOREVER!







FROM THE DESK OF HONB'L CHAIRMAN

I am delighted to learn that 'NUTAN VIDYA MANDIR' Dilshad Garden is releasing its Special Souvenir 'ANURAG 2023-24' in digital format.

I am positive that the proposed e-magazine will provide students with the opportunity to showcase their hidden talents and serve as a source of inspiration for all.

'ANURAAG' symbolizes the progress the school has made, achieving excellent results in academics and other areas. We take pride in our students and their achievements, made possible by the unwavering efforts of our principal and staff.

I extend my endless gratitude to the parents of students of 'NUTAN VIDYA MANDIR, Dilshad Garden, for their continuous support and patronizing endeavor.

I wish everyone the best of luck and I hope, that we all remain blessed.

With warm wishes!

SHRI SANJAY SINGH CHAIRMAN.



HONB'L PRINCIPAL'S MESSAGE

HEARTFELT CONGRATULATIONS TO THE INNOVATIVE STUDENTS, DEDICATED TEACHERS, AND VALUED PARENTS FOR PLAYING A PIVOTAL ROLE IN CREATING THIS REMARKABLE MAGAZINE. EACH PAGE PROVIDES INSIGHT INTO THE DAILY HAPPENINGS AT THE SCHOOL AND SHOWCASES THE ENJOYMENT OUR STUDENTS DERIVE FROM IT.

THE TIME-TESTED THEORY OF LEARNING BY DOING IS EVIDENT IN THE EXCEPTIONAL ACHIEVEMENTS OF NVM STUDENTS. THE EXTRACURRICULAR ACTIVITIES, COMPETITIONS, AND CELEBRATIONS CONTRIBUTE SIGNIFICANTLY TO SHAPING STUDENTS' GROWTH IN ALL AREAS.

I TAKE PRIDE IN LEADING A HIGHLY DEDICATED TEACHING COMMUNITY AND AM GRATEFUL FOR THE CONTINUOUS SUPPORT OF THE ENTHUSIASTIC AND DEAR PARENTS, WHO HAVE ALWAYS BEEN A SOURCE OF GREAT STRENGTH.

EXPLORE THE WONDERFUL CREATIONS OF YOUR WARD. YOU'RE SURE TO ENJOY IT.

BEST WISHES, MRS. SARITA SINGH PRINCIPAL



ACADEMIC HEAD SPEAKS....

WORKING FOR TINY TOTS & LITTLE KIDS RENDERS ADORABLE MEMORIES STREWN WITH UNBELIEVABLE INSTANCES TO CHERISH.

MANY A TIMES I AM BAFFLED BY THE WAY YOUNG MINDS PERCEIVE LIFE'S FACTS AND HANDLE SITUATIONS BRILLIANTLY. NURTURING THEIR SPIRIT OF EXCITEMENT AN CURIOSITY IS OUR PRIME FOCUS. CREATIVITY, LIFE SKILLS AND EXCELLENCE ARE THE CONCEPTS RULING THE DAY. IT IS THE EXPERIMENT, EXPOSURE & EXPERIENCE WHICH CHILDREN GET, THAT BUILDS INTEREST AND CONFIDENCE IN THEM. THIS MAGAZINE IS A STEP IN THAT DIRECTION.

PLEASE READ ON ! PATRONISE ! A PLETHORA OF ENTRIES AWAIT YOUR APPRECIATION. TO THE EDITORIAL TEAM.. KUDOS ! YOU COULDN'T BE MORE MAGNIFICENT!!!

BEST WISHES MRS. SUBHA MURALIDHARAN (ACADEMIC HEAD)









EDITORIAL

THE UPCOMING ISSUE OF THE SCHOOL MAGAZINE "ANURAG-2023-24" AIMS TO SHOWCASE THE DIVERSE ASPECTS OF LIFE AT 'NUTAN VIDYA MANDIR, DILSHAD GARDEN.

WE EXTEND OUR SINCERE THANKS TO OUR ESTEEMED CHAIRMAN, SH SANJAY SINGH, FOR FOSTERING AN ENVIRONMENT OF GROWTH TO NURTURE AND SHOWCASE TALENTS.

WE ALSO EXPRESS GRATITUDE TO OUR HONORABLE PRINCIPAL, MS SARITA SINGH, FOR HER GUIDANCE AND INSPIRATION IN BRINGING OUT THIS NEW EDITION, WHICH REFLECTS THE ONGOING JOURNEY OF HOLISTIC DEVELOPMENT.

WE ARE HIGHLY THANKFUL TO OUR RESPECTED ACADEMIC HEAD MA'AM MS SUBHA MURALIDHARAN FOR HER UNWAVERING SUPPORT AND METICULOUS SUPERVISION IN BRINGING OUT THE PRESENT E-MAGAZINE AND CREATING AN ATMOSPHERE OF CORDIAL COORDINATION.

ADDITIONALLY, WE COMMEND THE EFFORTS OF ALL THE TEACHERS, ACTIVITY-IN- CHARGES AND STUDENTS FOR THEIR CONTRIBUTIONS TO THE CULTURAL EVENTS, WHICH HAVE CONTRIBUTED TO THE SUCCESSFUL COMPLETION OF THE MAGAZINE. THE SCHOOL MAGAZINE IS MEANT TO EMBODY THE SPIRIT AND ASPIRATIONS OF AN ENTIRE GENERATION OF STUDENTS, AND WE HAVE ENDEAVORED TO CAPTURE THIS IN OUR PUBLICATION. ENJOY READING AND VIEWING!



WORDS FROM HEAD GIRL

DEAR ESTEEMED STUDENTS,

AS HEAD GIRL OF NVM, I AM THRILLED TO SHARE A MESSAGE OF MOTIVATION AND INSPIRATION WITH EACH ONE OF YOU. OUR TIME IN SCHOOL IS NOT JUST ABOUT BOOKS AND EXAMS; IT'S A JOURNEY OF GROWTH, DISCOVERY, AND BUILDING A FOUNDATION FOR OUR FUTURE.

MAY EACH OF YOU EMBRACE STUDIES WITH ENTHUSIASM AND A POSITIVE MINDSET. REMEMBER, EVERY CHALLENGE YOU ENCOUNTER IS AN OPPORTUNITY TO LEARN AND IMPROVE. LET'S FOSTER LOVE FOR LEARNING, ASKING QUESTIONS, AND SEEKING UNDERSTANDING. BY APPROACHING OUR STUDIES WITH CURIOSITY AND DETERMINATION, WE OPEN DOORS TO ENDLESS POSSIBILITIES.

DISCIPLINE PLAYS A CRUCIAL ROLE IN OUR ACADEMIC JOURNEY, SHAPING US INTO RESPONSIBLE INDIVIDUALS. LET'S COMMIT TO BEING DILIGENT IN OUR STUDIES, RESPECTING OUR TEACHERS, AND CREATING AN ATMOSPHERE OF FOCUS AND DEDICATION. TOGETHER, WE CAN ACHIEVE GREATNESS, NOT ONLY IN OUR ACADEMIC PURSUITS BUT ALSO IN DEVELOPING STRONG CHARACTER AND A SENSE OF RESPONSIBILITY.

YOUR EFFORTS TODAY WILL SHAPE THE LEADERS AND CHANGE-MAKERS OF TOMORROW. LET'S MAKE OUR SCHOOL PROUD BY EMBODYING THE VALUES OF HARD WORK, DEDICATION, AND DISCIPLINE. I BELIEVE IN EACH ONE OF YOU, AND I'M EXCITED TO WITNESS THE INCREDIBLE ACHIEVEMENTS THAT LIE AHEAD FOR OUR SCHOOL COMMUNITY.

WITH WARM REGARDS,



HEAD GIRL NAME: TISHA JAISWAL CLASS : XII - C







WORDS FROM HEAD BOY

HOW TO MANAGE EXTRACURRICULAR ACTIVITIES WITH ACADEMIC

"HELLO, STUDENTS! I STAND BEFORE YOU AS A HEAD BOY, TO INSPIRE YOU TO START A JOURNEY EXCELLENCE BEGINS WITH DISCIPLINED TIME MANAGEMENT AND UNWAVERING DETERMINATION AND BALANCING EXTRACURRICULAR ACTIVITIES WITH ACADEMIC RESPONSIBILITIES IS A CHALLENGE WE ALL FACE. AS YOUR HEAD BOY, I'D LIKE TO SHARE SOME INSIGHTS ON HOW TO MANAGE BOTH EFFECTIVELY.

PRIORITIZE YOUR COMMITMENTS: RECOGNIZE YOUR ACADEMIC RESPONSIBILITIES AND PRIORITIZE THEM. SET CLEAR GOALS FOR YOUR STUDIES AND ALLOCATE TIME ACCORDINGLY.

2CREATE A SCHEDULE: DEVELOP A WEEKLY SCHEDULE THAT INCLUDES TIME FOR CLASSES, HOMEWORK, AND EXTRACURRICULAR ACTIVITIES. STICK TO THIS SCHEDULE AS CLOSELY AS POSSIBLE TO ENSURE YOU HAVE DEDICATED TIME FOR BOTH.

TIME MANAGEMENT: USE YOUR TIME EFFICIENTLY. MAKE THE MOST OF BREAKS BETWEEN CLASSES OR AFTER SCHOOL TO COMPLETE ASSIGNMENTS OR STUDY. AVOID PROCRASTINATION.

THANK YOU,

NAME : RUDRANSH SHAH (HEAD BOY) CLASS : XII C

WORDS FROM LITERARY PREFECT- ENGLISH

HOW TO GET ENGAGED WITH LITERATURE AND PHILOSOPHY I STAND BEFORE YOU AS A LITERARY HEAD, A GUARDIAN OF THE WRITTEN WORD, TO INSPIRE AND IGNITE THE FLAMES OF CREATIVITY THAT BURN WITHIN EACH ONE OF US. LITERATURE IS MORE THAN INK ON PAPER. SO, LET'S TALK ABOUT THAT, HOW TO GET ENGAGED WITH LITERATURE AND PHILOSOPHY.

ENGAGING WITH LITERATURE AND PHILOSOPHY BEGINS WITH CURIOSITY. READ WIDELY ACROSS GENRES AND TIME PERIODS, EXPLORING CLASSIC AND CONTEMPORARY WORKS. START WITH ACCESSIBLE PIECES TO BUILD A FOUNDATION. REFLECT ON THE THEMES AND CHARACTERS, CONNECTING THEM TO YOUR OWN EXPERIENCES. JOIN BOOK CLUB OR ONLINE FORUMS FOR DISCUSSION, GAINING DIVERSE PERSPECTIVES. PHILOSOPHY INVOLVES QUESTIONING ASSUMPTIONS; DELVE INTO INTRODUCTORY TEXTS AND GRADUALLY TACKLE MORE COMPLEX IDEAS. ATTEND LECTURES OR JOIN PHILOSOPHY GROUPS TO SHARE THOUGHTS AND LEARN FROM OTHERS.

CULTIVATE A HABIT OF CONTEMPLATION, PONDERING THE DEEPER MEANINGS IN EVERYDAY LIFE.ULTIMATELY, THE KEY IS CONSISTENT EXPLORATION AND AN OPEN MIND, ALLOWING LITERATURE AND PHILOSOPHY TO ENRICH YOUR UNDERSTANDING OF THE WORLD.

THANK YOU MY LOVELY WORDSMITHS NAME : HARSHIT KUMAR (LITERARY PREFECT – ENGLISH) CLASS : XII B

HOUSES OF NUTAN VIDYA MANDIR SHASHTRI HOUSE



MR CHANDER SAIN GAUTAM (HOUSE INCHARGE)



RASHI JAIN XII-A SHASHTRI HOUSE (CAPTAIN)



C C

SUNDUS NADEEM XII-A PREFECT



SANYAM JAIN XII-A PREFECT



ANUBHAV GARG XII-A PREFECT

HOUSES OF NUTAN VIDYA MANDIR



DR. RAJENDER KUMAR VERMA (HOUSE INCHARGE)



AYUSH SAXENA XII-A NETAJI HOUSE (CAPTAIN)



HARSH GUPTA XII-C PREFECT



SAHIL VERMA XII-D PREFECT



SANJEEV SINGH XII-A PREFECT

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HOUSES OF NUTAN VIDYA MANDIR



MR TARUN KHURANA (HOUSE INCHARGE)



JATIN SINGH XII-C INDIRA HOUSE CAPTAIN



JATIN XII-B PREFECT)



AASTHA XII-B PREFECT



ABHISHEK SINGH XII-B PREFECT

HOUSES OF NUTAN VIDYA MANDIR

NELRU HOUSE



MS RUMA SAGAR (HOUSE INCHARGE)



JIA BARTHWAL XII-A HOUSE CAPTAIN



KAVYA BANSAL XII-A PREFECT



VIJAY DHINGRA XII-A PREFECT



VIPIN XII-B PREFECT

Arr ar A

HOUSES OF NUTAN VIDYA MANDIR TAGORE HOUSE



MR HARA MOHAN JENA (HOUSE INCHARGE)



UNNATI GAUTAM XII-A HOUSE CAPTAIN



LAVANAYA CHAUDHARY XII-A PREFECT)



HARSHIT ARORA XII-A PREFECT



JATIN XII-B PREFECT





POWERPOINT PRESENTATION COMPETITION























BEST OUT OF WASTE



















SPORTS ACHIEVEMENTS







SENIOR BASKET BALL ZONAL COMPETITION - GIRLS II POSITION JUNIOR BASKET BALL ZONAL COMPETITION - BOYS II POSITION SENIOR BADMINTON ZONAL COMPETITION - BOYS I POSITION

SPORTS ACHIEVEMENTS



NATIONAL FLYING KICK CHAMPIONSHIP KASHIKA VII C



NATIONAL FLYING KICK CHAMPIONSHIP PARSHAV IX B



STATE BASKETBALL COMPETITION AYEESHA VIII-B



STATE BASKETBALL COMPETITION ARUSH KHANNA-VIII A











BAISAKHI CELEBRATION









TOURS & EXCURSIONS



TOURS & EXCURSIONS OF TEACHERS



SCHOLAR BADGES



















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WELCOME

















































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SOME GLIMPSES OF THE EVENTS OF ANNUAL DAY FUNCTION



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HAPPY ENDING OF ANNUAL FUNCTION



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CHRISTMAS CELEBRATION













BATCHES 2023-24

CLASS XII READY TO EMBARK NEW JOURNEY













PUJA & HAWAN ON FAREWELL





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BIRTHDAY CELEBRATION













BIRTHDAY CELEBRATION

6













HAPPY



REPUBLIC DAY CELEBRATION



















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हर पल यहाँ जी भर जियो

हम सभी के जीवन में ऐसी स्तिथियाँ आती हैं जब वर्तमान में जो हो रहा है वह सबसे दुखदायी लगता हैL यह महसूस होता है कि इससे बुरा हमारे साथ कुछ हो ही नहीं सकता, लेकिन वास्तविकता कई बार इससे भी भयानक हो जाती हैL भविष्य के गर्भ में जाने कौन सा दुःख छुपा है, जिसका अंदाजा भी नहीं लगाया जा सकताL कई बार लोग यह नहीं सोचते कि दुःख की घडी में भी कुछ होने की उम्मीद तो है, अगर वह उम्मीद भी हम अपनी सोच में खत्म कर दें तो बचेगा क्या? जीवन ही बेमतलब हो जायेगाL

माँ-बाप की लम्बी बीमारी के दिनों में लगता है कि ये कितने परेशानी के दिन हैं, लेकिन जब वह नहीं रहते तो लगता है की बीमार ही सही माँ-बाप तो थेL उनके जाने के बाद एक खालीपन, एक रिक्तता आ जाती है जीवन में, दुनिया ही परायी लगने लगती हैL उनकी बीमारी में उनके ठीक होने की उम्मीद तो थी, लेकिन बिता कल लौट नहीं सकताL यह मानवीय स्वभाव है कि उसके पास जो होता है उसको उसकी कद्र नहीं होती, जब वह पीछे छुट जाता है तब उसकी कमी का अहसास होता हैL

सवाल है की क्यों हम अपनी ज़िन्दगी को भरपूर नहीं जी पाते? क्यों हर पल बुरे की आशंका से ग्रसित रहते हैं? वक्त हाथों से रेत की तरह फिसलता है और हम मूकदर्शक बने देखते रहते हैंL इन सबका मुख्य कारण है वर्तमान को न समझने की आदतL

दरअसल कल की तीन अवस्थाएं भूत, भविष्य, और वर्तमान हैं, लेकिन न जाने क्यों हम लोगों की साडी आशाएं, सभी आकांक्षाएं भविष्य काल से जुडी रहती हैंL हम हमेशा भविष्य के बारे में ही सोचते रहते हैं, जबकि हकीकत यह है की वो (भविष्य) हमें कभी मिलता ही नहीं हैL

भविष्य हर रोज़ वर्तमान बनकर एक नए रूप में प्रकट होता है, और कहता है, "मुझे पहचानो और जियो और जितना मुमकिन है मुझे खूबसूरत बना दो, क्योंकि मैं तुम्हारा अतीत बनने वाला हूँL"

लोग कहते हैं की अतीत को भूल जाना चाहिए, ये वहीं लोग हैं जो भविष्य में जौते हैं और उनका अतीत उन्हें उनकी भूलों की याद दिलाता है । यदि हम वर्तमान को सुंदर बना दें तो अतीत अपने आप ही सुंदर हो जायेगा । हर दिन पर गहरी दृष्टि डालें तो पता चलेगा कि ज़िन्दगी हर दिन हर इंसान को अतीत सवांरने का मौका देती है । यानि जो भूल या गलती साडी ज़िन्दगी टीस बनकर हमारे साथ रहने वाली है, उसे उसी पल में छोड़ने का मौका भी ज़िन्दगी से ज़रूर मिलता है । बस हमें इतना करना है कि वर्तमान को भरपूर और सुंदर तरीके से जीना शुरू कर दें ।

हर दिन एक छोटे से संकल्प से शुरू करें की मेरा आज कल से अच्चा दिन होगा और अपने आप से हर सुबह एक वादा करें कि मुझे आज के दिन को सबसे सुंदर दिन बनाना है।

हर पल यहाँ जी भर जियो ।





शैलजा दरगन

"EDUCATION - ESSENCE OF LIFE"

"EDUCATION IS NOT PREPARATION FOR LIFE; EDUCATION IS LIFE ITSELF." —JOHN DEWEY

EDUCATION IS A LIFELONG PROCESS. IT IS A JOURNEY FROM WOMB TO TOMB. IT IS NOT A PROCESS TO MEET AN END, AS THERE IS NO END TO LEARNING. LEARNING HAPPENS ALL THE TIME. IT NOT ONLY HAPPENS AT SCHOOL BUT ALSO AT HOME, BETWEEN HOME AND SCHOOL TOO. IT CAN TAKE PLACE ANYWHERE AND ANYTIME. EVERY MOMENT WE LEARN SOMETHING NEW.

LIFE AND EDUCATION ARE SO INTERCONNECTED THAT THESE TWO ARE ALMOST USED AS SYNONYMS. AS HUMAN BEINGS, WE LEARN FROM OUR EXPERIENCES. EVERY EXPERIENCE THAT WE HAVE GONE THROUGH HAS EDUCATED US AND HELPED IN OUR GROWTH INTO WHO AND WHERE WE ARE TODAY. EDUCATION NOT ONLY PREPARES US FOR OUR LIVES BUT ALSO PROVIDES MEANING AND PURPOSE TO THEM. IN A TRUE SENSE MAKES US BETTER HUMAN WHO NOT ONLY WORKS ON OURSELVES BUT ALSO PARTICIPATES IN THE COMMUNITY. IT IS THE RAY OF LIGHT THAT GUIDES HUMANITY IN THE DARKNESS OF IGNORANCE.

WE CANNOT SEPARATE EDUCATION FROM LIFE. THEY ARE INSEPARABLE ENTITIES. EDUCATION IS A DOOR TO BETTER OPPORTUNITIES AND A WAY TO EMPOWER OURSELVES. THEREFORE, LEARNING IS A CONTINUOUS PROCESS AND EDUCATION IS A LIFELONG COMPANION OF EVERY INDIVIDUAL. IT IS CRUCIAL IN THE DEVELOPMENT OF A PERSON THEREBY LEADING TO THE GROWTH OF THE NATION.



ATHIRA PRATHAP TGT- ENGLISH



TEACHER AS A GARDENER

A TEACHER IS A GARDENER, PLANTS SEEDS OF KNOWLEDGE IN AN OCEAN OF WISDOM. TEACHER NEVER GIVES UP HOPE, IS SOMEONE WHO HELPS US TO REACH OUT AND TOUCH THE SKY. SHE LAYS THE FOUNDATION STONE FOR THE FUTURE OF A STUDENT, KNOWLEDGE SHE IMPARTS IS IMPRINTED IN OUR HEARTS.



BY: KOMAL PGT COMPUTER SCIENCE

रिक्षिक है शिक्षा का सागर

शिक्षक है शिक्षा का सागर शिक्षक हैं शिक्षा का सागर, शिक्षक बांटे ज्ञान बराबर, शिक्षक मंदिर जैसी पूजा, माता-पिता का नाम है दूजा, प्यासे को जैसे मिलता पानी, शिक्षक है वही जिंदगानी, शिक्षक न देखे जात-पात, शिक्षक न करता पक्ष-पात, निर्धन हो या हो धनवान, शिक्षक को सब एक समान



(काजल कौशिक) т<mark>GT нім</mark>рі



BOOK REVIEW - 'THE POWER OF YOUR SUBCONSCIOUS MIND'



READING IS MY FAVOURITE PASTIME. PAST FEW YEARS DUE TO RUSHING SCHEDULE I HAVE TO STRUGGLE TO BE WITH MY BEST BUDDY, BOOKS. IT WAS ONLY LAST YEAR, THAT MY SISTER INTRODUCED ME TO A REVOLUTIONARY BOOK, A SELF-HELP GUIDE, THE POWER OF YOUR SUBCONSCIOUS MIND, WRITTEN BY JOSEPH MURPHY. TRUST ME, THOUGH I AM STILL IN THE MIDDLE OF MY JOURNEY TO GET FAMILIAR WITH THIS FANTASTIC WRITTEN PIECE. BUT I CAN SWEAR UPON ONE THING, IF ONE IMBIBES THE IDEAS SHARED IN THIS BOOK, IT CAN DO WONDERS IN ONE'S LIFE. THE BOOK TALKS ABOUT THE MAGICAL POWER OF OUR SUBCONSCIOUS MIND. ACCORDING TO THE AUTHOR, WE HAVE A CONSCIOUS MIND AND A SUBCONSCIOUS MIND. THE CONSCIOUS MIND GIVES ORDERS TO THE SUBCONSCIOUS MIND AND IT CARRIES OUT THOSE ORDERS, ANOTHER SIMPLE EXAMPLE TO UNDERSTAND THE IDEA IS, WHATEVER WE HAVE IN OUR MIND IS REFLECTED BY OUR SUBCONSCIOUS MIND. IF WE HAVE JEALOUSY, HATRED, ANGER IN OUR CONSCIOUS MIND, THE SUBCONSCIOUS MIND WILL GIVE RESULTS FULL OF THESE IDEAS, SO IMAGINE, IF WE SOW SEEDS OF LOVE, PEACE, UNITY, HUMBLENESS, KINDNESS; SO SHALL YOU REAP. OUR SUBCONSCIOUS MIND IS THE STOREHOUSE TO OUR INFINITE INTELLIGENCE. IT CAN CURE A DISEASE: IT CAN GET YOU WEALTH, FAME, SUCCESS AND WHAT NOT. THE NEED IS TO INFORM YOUR SUBCONSCIOUS. THE BEST THING ABOUT THIS BOOK IS THAT IT ACTUALLY MAKES YOU FAMILIAR WITH THE POTENTIAL OF YOUR SUBCONSCIOUS MIND. IT TEACHES YOU TO NEVER SAY, "I CAN'T". RATHER WE MUST RAISE THE VEIL FROM OUR MIND AND SAY, "I CAN DO ALL THINGS THROUGH THE POWER OF MY SUBCONSCIOUS MIND."

IT'S VERY DIFFICULT TO EXPLAIN THE POWER OF THIS BOOK IN JUST ONE ARTICLE, AS I THINK, THIS WILL NOT DO JUSTICE TO BOTH, THE BOOK AND THE WRITER. WHENEVER I READ THIS BOOK, I FEEL A POSITIVE ENERGY AND AUTOMATICALLY MY THOUGHTS TURN POSITIVE TOO. POSITIVITY IS SOMETHING; I GUESS WHICH IS REQUIRED BY EVERYONE NOWADAYS. SO MY RECOMMENDATION TO ALL THOSE WHO ARE READING THIS ARTICLE IS THAT YOU MUST READ THIS BOOK TO HAVE AN ALTOGETHER DIFFERENT EXPERIENCE AND TO RECOGNIZE THE POTENTIAL OF YOUR SUBCONSCIOUS MIND.



ANUPAM BAKSHI PGT ENGLISH

रे पथिक-हे पथिक, तुम बढ़ते जाना कितनी भी हो विषम परिस्थितियां तुम न घबराना । अपने लक्ष्य को साध्य कर तुम निरंतर प्रयासरत रहना । विपदा परिस्थिति कालानुसार अपना धैर्य कभी ना खोना । तुम दृढ़ निश्चयी होकर सदैव कार्यरत रहना । अंकुश, अनर्गल बातें सभी तुम्हारा रस्ता रोकेंगी तुम इनपर ध्यान मत देना तुम बस बढ़ते जाना, विषम परिस्थितियों में न घबराना । फिर अन्त में सफलता देखेगी तुम्हारी राह तुमसे मिलने को उत्सुक होगी लक्ष्य पर पहुँच कर प्रसन्नता तुम्हारी अविस्मृत होगी । नव चेतना, नई उमंग होगी, बस तुम धैर्य रखना, परिश्रम करते जाना निरंतर बढ़ते जाना । तुम न घबराना ... बढ्ते जाना ।



श्रुति शर्मा **FGT** संस्कृत

स्विचार: • सर्वोत्तमं दिनं—अद्य • सर्वोत्तमः विद्यार्थी – प्रयत्नशीलः • सर्वोत्तमा क्रीडा – कर्तव्यं • सर्वोत्तमः आश्रयः - सत्यं • सर्वोत्तमः संबंधः - प्रेम • सर्वोत्तमं ज्ञानं – व्यावहारिकं ज्ञानं • सर्वोत्तमं जलं – गंगाजलं • सर्वोत्तमा भाषा - संस्कृत भाषा • सर्वोत्तम: शिक्षक: - अनुभव: • सर्वोत्तमं मित्रं – आत्मविश्वासः • सर्वोत्तमं आभूषणं – हसनं • सर्वोत्तमः उपहारः - क्षमा • सर्वोत्तमं राष्ट्रं – भारतं • सर्वोत्तमं वचनं – मधुरं सर्वोत्तमा पत्रिका – संभाषण संदेश: • सर्वोत्तमं औषधं – मन्दहास:



VINAY KUMARI VARSHNEY



GLOBAL WARMING



GLOBAL WARMING IS A TERM ALMOST EVERYONE IS FAMILIAR WITH. IT IS USED TO DESCRIBE A GRADUAL RISE IN THE AVERAGE ENVIRONMENT. OF EARTH'S ATMOSPHERE AND ITS OCEANS. IT LEADS TO MELTING GLACIERS, RESULTING A RISE IN SEA LEVEL. GLOBAL WARMING IS SAID TO BE CAUSED BY THE "GREENHOUSE EFFECTS".

IT IS A CONDITION IN WHICH TRAPPING INCREASES MORE FROM THE NORMAL LEVELS. THE FOUR MAIN CONTRIBUTORS OF THE GREENHOUSE EFFECT ARE, WATER VAPOUR, CARBON DIOXIDE, METHANE AND OZONE. GLOBAL WARMING HAS A DANGEROUS EFFECT ON OUR ENVIRONMENT THAT WE ARE FACING THESE DAYS.

RAPID MECHANICAL, INCREASE IN THE POPULATION GROWTH AND POLLUTION ARE CAUSING A RISE IN GLOBAL WARMING. GLOBAL WARMING REFERS TO THE INCREASE IN THE AVERAGE TEMPERATURE OF THE EARTH'S SURFACE DURING THE LAST CENTURY. IT IS INCREASING EVERY YEAR BECAUSE OF THE CONTINOUS EMISSION OF GREENHOUSE GASES. WE SHOULD TRY TO TO MAINTAIN THE ECOLOGICAL BALANCE TO DECREASE THE EFFECTS OF GLOBAL WARMING...



AKANSHA BARNWAL 7TH B



SOCIAL NETWORKS ARE WEBSITES BY WHICH WE CAN COMMUNICATE WITH OUR FAMILY, FRIENDS AND RELATIVES SOCIAL NETWORK HAS SOME ADVANTAGES AND DISADVANTAGES .SOCIAL NETWORK HELP US A LOT IN OUR LIFE. IF WE ARE NOT ABLE TO UNDERSTAND ANY QUESTION THEN WE CAN UNDERSTAND BY THE HELP OF NETWORK . WE CAN GET THE SOLUTION OF ANY PROBLEM EASILY BY THE NETWORK. WE CAN TELL OUR PLACE TO ANYONE BY SHARING OUR LOCATION. BUT THE NETWORK HAS ADVANTAGES SO DISADVANTAGES ALSO. HAVE WE EVER THOUGHT ABOUT HOW MANY CHANGES THE NETWORK HAS BROUGHT IN OUR LIVES? IF WE THINK ABOUT WHAT WAS THE TIME OF OUR PARENTS WHEN THEY WERE YOUNG. AT THAT TIME THEY DON'T HAVE EVEN PHONE SO NO NETWORK. HAVE WE EVER THOUGHT HOW THEY SPENT THEIR CHILDHOOD. THEY SAT BESIDE THEIR MOTHER THEIR MOTHER PUT OIL ON THEIR HEAD AND THEIR MOTHER TOLD SOME STORIES THEY LISTEN THEM AND OR IF WE LISTEN SOMETHING WE CAN LEARN EVERYDAY SOMETHING NEW. IT IS NOT LIKE THAT NETWORK IS A BAD THING WE SHOULD KNOW HOW TO USE THE THINGS PROPERLY. NOWADAYS CHILDREN DON'T EVEN KNOW HOW TO TALK WITH THEIR PARENTS THE ONLY REASON NETWORK BECAUSE NO PARENTS TOLD THEIR CHILD THAT GO AND LEARN SOME BAD HABITS THEY LEARN FROM THE NETWORK. THEY ARE TOTALLY BUSY WITH THEIR PHONE IN PLAYING GAMES AND ON SOCIAL MEDIA. DUE TO THIS INTERNET MANY CYBER CRIME CASES HAVE BEEN INCREASINGLY DAY BY DAY. IF WE USE THE NETWORK IN THE RIGHT WAY IN THE POSITIVE WAY IN THE LIMIT THEN IT IS THE BEST THING BUT WHEN THE LIMIT IS CROSSED IT IS THE WORST THING.WE SHOULD KNOW THE LIMIT OF THE THING AND SHOULD USE THE THING UNDER IT.



NAME - KRITICA CLASS 7 B

IMPORTANCE OF HARDWORK

AS WE ALL KNOW "HARDWORK" IS THE KEY TO SUCCESS. STUDENTS WHO WORK HARD AND DO WELL IN SCHOOL LEARN TO ESTABLISH A HIGH EXPECTATION LEVEL AND EXPECT GREAT THINGS FROM THEMSELVES.

HARDWORK DEVELOPS SELF-DEVELOPMENT AND BUILD SELF-CONFIDENT AND MAKES US SMARTER AND HELP US TO LEARN NEW THINGS. IF WE ALL BECAME CONSCIOUS AND TRY TO DO HARDWORK INSTEAD OF GIVING UP, WE MAY ACHIEVE OUR GOALS AND BECAME A SUCCESSFUL PERSON IN OUR LIFE. HARD WORK BRINGS VISION, DEPTH, AND DIMENSION TO OUR DORK. IT REQUIRES FOCUS, DEDICATION, AND CONTINUITY TO P ACH OUR DREAMS, AND THEY ALL COME WITH HARD WORK. THROUGH HARD WORK, WE ACHIEVE SUCCESS.

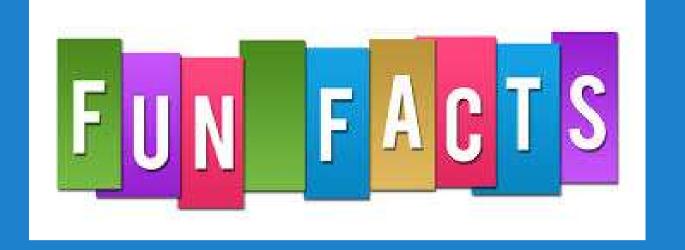




MOORNING THOUGHT

- A GOAL IS JUST A WISH WITHOUT A PLAN.
- HARD WORK BEATS THE TALENT IF TALENT DOESN'T WORK HARD.
- DREAMS ARE NOT THE THINGS THAT YOU SEE IN SLEEP BUT IS THAT THINGS THAT DOESN'T LET YOU SLEEP.
- ONE SMALL POSITIVE THOUGHT IN THE MORNING CAN CHANGE YOUR WHOLE DAY.
- IF YOU WANT TO SHINE LIKE A SUN FIRST BURN LIKE A SUN.

AYUSH SINGH CLASS- 9TH-B



- HONEY NEVER SPOILS: ARCHAEOLOGISTS HAVE FOUND POTS OF HONEY IN ANCIENT EGYPTIAN TOMBS THAT ARE OVER 3,000 YEARS OLD AND STILL PERFECTLY EDIBLE.
- BANANAS ARE BERRIES, BUT STRAWBERRIES AREN'T: IN BOTANICAL TERMS, BANANAS QUALIFY AS BERRIES, WHOLE STRAWBERRIES DO NOT. BERRIES ARE DEFINED AS FLESHY FRUITS PRODUCED FROM SINGLE OVARY, AND BANANAS FIT THIS DESCRIPTION
- THE EIFFEL TOWER CAN GROW TALLER IN THE SUMMER: DUE TO THE EXPANSION OF THE IRON IN THE HEAT, THE EIFFEL TOWER CAN GROW UP BY UP TO 6 INCHES (15 CENTIMETERS) DURING THE SUMMER.

NAKUL IX-B

INDIA: A TAPESTRY OF WONDERS

INDIA, A KALEIDOSCOPE OF COLORS, CULTURES, AND LANDSCAPES, HAS EMERGED AS A CAPTIVATING DESTINATION FOR GLOBAL TOURISM. THE COUNTRY'S TOURISM NARRATIVE UNFOLDS THROUGH ITS RICH HISTORICAL HERITAGE, SPIRITUAL SANCTUARIES, AND DIVERSE NATURAL WONDERS.

THE TAJ MAHAL IN AGRA AND JAIPUR'S PALACES, WHICH ARE HISTORICAL MARVELS. VARANASI PROVIDES A ONE-OF-A-KIND SPIRITUAL JOURNEY ALONG THE HOLY GANGES RIVERBANK, WHILE AMRITSAR'S GOLDEN TEMPLE REPRESENTS UNITY AND DEVOTION AS AN ICONIC SYMBOL.

THE TRANQUIL BACKWATERS OF KERALA, THE GRAND HIMALAYAN SUMMITS, AND SUN-DRENCHED BEACHES IN GOA ARE ALL PART OF INDIA'S STUNNING NATURAL LANDSCAPE. ADVENTURERS WITH A LOVE FOR WILDLIFE CAN DISCOVER AN ARRAY OF PLANTS AND ANIMALS BY VISITING NATIONAL PARKS THROUGHOUT THE COUNTRY.

THE CULINARY PLEASURES ADD MORE RICHNESS TO THE INDIAN EXPERIENCE AND EVERY DISTRICT PROVIDES AN EXCEPTIONAL EPICUREAN VOYAGE. INDIA IS A FOOD LOVER'S PARADISE, FEATURING LIVELY STREET MARKETS. TRAVELERS ARE ENTICED BY INDIA'S TAPESTRY OF WONDERS"

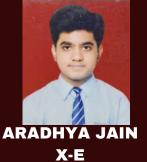
INDIA, A STUNNING AMALGAMATION OF VIBRANT COLORS, CAPTIVATING CULTURES AND BREATHTAKING LANDSCAPES HAS BECOME AN ENCHANTING HOTSPOT FOR INTERNATIONAL TOURISM. THE COUNTRY'S MESMERIZING TALE UNFURLS THROUGH ITS OPULENT LEGACY STEEPED IN HISTORY, SERENE SACROSANCT SITES BRIMMING WITH SPIRITUALITY AND VARIED NATURAL MARVELS.

VISITORS GET DRAWN INTO INDIA'S ROYAL PAST BY EXPLORING THE ETHNIC DELIGHTS AS WELL AS CUSTOMARY REGIONAL FARES.

INDIA HAS ADOPTED COMMUNITY-BASED INITIATIVES, ENVIRONMENTALLY CONSCIOUS PRACTICES AND RESPONSIBLE TOURISM TO ALIGN WITH THE GLOBAL SHIFT TOWARDS SUSTAINABLE TRAVEL. THROUGH RURAL HOMESTAYS, CONSERVATION PROJECTS AND CULTURAL IMMERSION PROGRAMS, TRAVELERS CAN DEEPLY ENGAGE WITH LOCAL COMMUNITIES IN A MEANINGFUL MANNER.

TO SUM UP, THE CHARM OF INDIA STEMS FROM ITS CAPACITY TO PROVIDE A FUSION OF DELIGHTS BY MERGING AGE-OLD CUSTOMS WITH CONTEMPORARY LIVELINESS. WHILE TRAVELERS DISCOVER VARIOUS TERRAINS AND CULTURAL GEMS, INDIA STILL LURES THEM AS AN EXCLUSIVE SPOT THAT GUARANTEES EXTRAORDINARY ADVENTURES FOR ANYONE WHO SEIZES THE OPPORTUNITY.

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DEBUNK A MYTH



LEGENDS, MISINTERPRETATIONS, AND FALSEHOOD HAVE AN APPROACH TO FORMING OUR CONVICTIONS AND IMPACTING OUR CHOICES. WE WILL GO ON A JOURNEY IN THIS ARTICLE TO DISPEL A COMMON MYTH AND DISCOVER THE TRUTH BENEATH THE SURFACE. BY TESTING MISINTERPRETATIONS, WE CAN ACQUIRE A MORE EXACT COMPREHENSION OF OUR GENERAL SURROUNDINGS AND GO WITH INFORMED DECISIONS.

MYTH: " YOU JUST UTILIZE 10% OF YOUR MIND":

QUITE POSSIBLY OF THE MOST GETTING THROUGH LEGEND SUSTAINED IN MAINSTREAM SOCIETY IS THE THOUGHT THAT PEOPLE JUST UTILIZE 10% OF THEIR CEREBRUMS. THIS THOUGHT HAS BEEN BROADLY CIRCLED IN FILMS, SELF IMPROVEMENT GUIDES, AND EASYGOING DISCUSSIONS. THE FANTASY RECOMMENDS UNDISCOVERED CAPACITY, INFERRING THAT IF WE WOULD OPEN THE EXCESS 90%, WE COULD ACCOMPLISH GODLIKE CAPACITIES. EXPOSING THE FANTASY:

AS A GENERAL RULE, THIS GUARANTEE HAS NO LOGICAL PREMISE. NEUROSCIENTIFIC RESEARCH HAS RELIABLY SHOWN THAT THE WHOLE MIND IS DYNAMIC AND DRAWN IN, IN ANY EVENT, WHEN WE ARE VERY STILL. VARIOUS LOCALES OF THE MIND HAVE EXPLICIT CAPABILITIES, AND DIFFERENT EXERCISES TRIGGER VARIOUS PARTS. HIGH LEVEL IMAGING STRATEGIES, FOR EXAMPLE, UTILITARIAN ATTRACTIVE REVERBERATION IMAGING (FMRI), HAVE GIVEN UNDENIABLE PROOF OF THE MIND'S BOUNDLESS ACTION.

NEUROSCIENTISTS STRESS THAT ALL ASPECTS OF THE MIND HAS A KNOWN CAPABILITY, AND THERE IS NO LETHARGIC OR IDLE REGION READY TO BE STIRRED. THE FANTASY PROBABLY STARTED FROM A DISTORTION OF NEUROLOGICAL EXPLORATION OR A MISATTRIBUTED QUOTE. GAINING FROM EXPOSING:

THE MOST COMMON WAY OF EXPOSING FANTASIES ENERGIZES DECISIVE REASONING AND DIFFICULTIES SUPPOSITIONS. IT FILLS IN AS AN UPDATE THAT NOT ALL THAT WE HEAR OR PERUSE IS EXACT, AND IT FEATURES THE SIGNIFICANCE OF LOOKING FOR PROOF BASED DATA. BY ADDRESSING MAINSTREAM VIEWS, WE CAN CULTIVATE A MORE EDUCATED AND EDIFIED SOCIETY.

EXPOSING LEGENDS IS A FUNDAMENTAL PRACTICE AS WE CONTINUED LOOKING FOR INFORMATION AND UNDERSTANDING. THE FANTASY THAT PEOPLE JUST UTILIZE 10% OF THEIR MINDS IS ONLY ONE ILLUSTRATION OF HOW FALSEHOOD CAN CONTINUE AND SHAPE OUR INSIGHTS. AS WE KEEP ON EXPLORING A WORLD IMMERSED WITH DATA, LET US APPROACH PREVALENT VIEWS WITH A SOLID PORTION OF DISTRUST AND A GUARANTEE TO UNCOVERING REALITY. BY EXPOSING FANTASIES, WE ENGAGE OURSELVES TO SETTLE ON INFORMED CHOICES AND ADD TO A MORE ILLUMINATED AND OBJECTIVE SOCIETY.



A JOURNEY TOWARDS EQUALITY AND EMPOWERMENT

1. INTRODUCTION: FEMINISM, AN IDEOLOGY ADVOCATING GENDER EQUALITY AND DISMANTLING OPPRESSIVE STRUCTURES, STANDS AS A BEACON OF SOCIAL CHANGE. ROOTED IN ADDRESSING HISTORICAL INJUSTICES AND ONGOING DISPARITIES, FEMINISM CHAMPIONS THE RIGHTS, OPPORTUNITIES, AND AUTONOMY OF ALL GENDERS. THROUGH PROMOTING JUSTICE, INCLUSIVITY, AND FAIRNESS, THIS CAMPAIGN ASPIRES TO ACCOMPLISH SIGNIFICANTLY MORE THAN ONLY ADVOCACY; IT DOES NOT REST UNTIL A GENUINELY JUST, INCLUSIVE, AND IMPARTIAL SOCIETY HAS BEEN CREATED FOR EVERY INDIVIDUAL.

2.FEMINISM HAS EVOLVED THROUGH WAVES, EACH CONFRONTING UNIQUE CHALLENGES. THE FIRST WAVE, FOCUSED ON SUFFRAGE AND LEGAL RIGHTS, PAVED THE WAY FOR THE SECOND WAVE'S BATTLE AGAINST SOCIAL NORMS AND CULTURAL BIASES. TODAY, THE THIRD WAVE EMBRACES INTERSECTIONALITY, RECOGNIZING DIVERSE EXPERIENCES AND THE INTERCONNECTEDNESS OF SOCIAL IDENTITIES. THIS MULTIDIMENSIONAL STRATEGY'S FAR-REACHING AMBITION IS TO REMEDY SYSTEMIC UNFAIRNESS AT ITS CORE, SIMULTANEOUSLY ADDRESSING THE INTERSECTING ROOT CAUSES OF INEQUITIES FACED BY THOSE FACING DISADVANTAGES STEMMING FROM THEIR RACE, SOCIOECONOMIC CIRCUMSTANCES, SEXUAL ORIENTATION, AND OTHER ATTRIBUTES, TO DISMANTLE THE INTERCONNECTED STRUCTURES THAT MAINTAIN INEQUALITY ON MULTIPLE RELATED FRONTS.

3. CONCLUSION: THE CONCEPT OF FEMINISM, RATHER THAN BEING MONOLITHIC, CONTINUES TO EVOLVE AS A DYNAMIC INFLUENCE WITHIN SOCIETY. IT CONTINUES TO CATALYZE CHANGE, FOSTERING DIALOGUE, AWARENESS, AND POLICY REFORMS. IN NAVIGATING TODAY'S INTRICATE LANDSCAPE, FEMINISM SHINES AS OUR BEACON, CALLING TO MIND THAT EQUALITY'S QUEST ACKNOWLEDGES NO LIMITS, AND ITS ATTAINMENT UPLIFTS NOT SOLELY WOMANKIND BUT THE TOTAL OF OUR SPECIES.





HIMANSHU KALA (X-E)

IMPORTANCE OF BEING HUMBLE



"EVERY PERSON THAT YOU MEET KNOWS SOMETHING YOU DON'T; LEARN FROM THEM" - HORACE JACKSON BROWN JR.

THESE BEAUTIFUL WORDS BY AN AMERICAN AUTHOR ECHOES IN MY EARS WHENEVER I SEE PEOPLE TALKING TO EACH OTHER IN RAISED VOICE, BOASTING OF THEMSELVES. AS A HUMAN IT REMINDS ME HOW ESSENTIAL THE WORD IS 'HUMILITY'. BEING HUMBLE IS VERY IMPORTANT IT SHOWS RESPECT TO OTHERS AND HELPS IN BUILDING STRONG RELATIONSHIPS. BEING HUMBLE TO OTHERS SHOWS YOUR GRATITUDE TOWARDS THEM. BEING NICE TO SOMEONE ISN'T A HARD TASK; IT'S JUS A NICE GESTURE WITH HELPS TO CONNECT WITH OTHERS. IT'S ALL ABOUT STAYING DOWN TO EARTH WITHOUT BRAGGING ABOUT YOUR ACCOMPLISHMENTS. HUMBLE PEOPLE ARE MORE LOVED AND RESPECTED BY THE PEOPLE AS THEY ARE APPROACHABLE. IT JUST FEELS BETTER TO BE WITH SOMEONE WHO IS COURTEOUS; THEY NORMALLY CREATE A HAPPY ENVIRONMENT. SO NEXT TIME WHEN YOU MEET SOMEONE TRY TO BE SOFT SPOKEN!!!



SHRISTI 11-A



GLIMPSES OF 2023

TIME NEVER STOPS..... IT'S 2024, BUT WE CAN NEVER FAIL TO REMEMBER ALL OUR ACHIEVEMENTS WE HAD MADE IN 2023, LET'S REMEMBER ALL THOSE ACHIEVEMENTS.

• INDIA LAUNCHED CHANDRAYANN-3 ON 14TH JULY 2023 ADDING ONE MORE FEATHER TO ITS CAP. IT LANDED SUCCESSFULLY ON THE SOUTH POLE OF THE MOON .

• AIR INDIA SEALED A JUMBO DEAL BAGGING THE BIGGEST ORDER FOR ABOUT 500 JETS IN 2023.

• WORLD'S LONGEST CRUISE THAT IS M.V GANGA VILLAS WAS LAUNCHED FROM VARANASI ON 13TH JANUARY COMPLETED ITS JOURNEY IN 51 DAYS.

• MAKING ITS WAY TOWARDS GREEN GROWTH & ENERGY TRANSITION INDIA LAUNCHED E20(20% ETHANOL BLENDED) FUEL ON 8 FEBRUARY, 2023 WITH AN AIM TO COVER THE ENTIRE COUNTRY BY 2025.

• THE G20 LEADER SUMMIT IN NEW DELHI. INDIA BECAME THE PROUD HOST OF THE FIRST INAUGURAL "VOICE OF THE GLOBAL SOUTH SUMMIT,"WHICH ALLOWED 125 COUNTRIES TO TALK ABOUT THEIR CONCERN. THE SUMMIT HAD AN EXEMPLARY THEME OF "VASUDHAIVA KUTUMBAKAM, ONE EARTH, ONE FAMILY, ONE FUTURE".

2023 WAS INDEED A YEAR FULL OF PRAISES, APPRECIATIONS AND UNFORGETTABLE ACHIEVEMENTS. WE WISH TO HAVE A DAWN FULL OF POSITIVITY AND HOPE IN 2024





SUHANI MITTAL XI A





CLIMATE CHANGE-A CHANGE NOT WELCOMED!

•WHAT IS CLIMATE CHANGE?

CLIMATE CHANGE IS A LONG-TERM CHANGE IN THE AVERAGE WEATHER PATTERNS THAT HAVE COME TO DEFINE EARTH'S CLIMATE. AS GREENHOUSE GAS EMISSIONS BLANKET THE EARTH. THEY TRAP THE SUN'S HEAT LEADING TO GLOBAL WARMING. GENERATING ELECTRICITY AND HEAT BY BURNING FOSSIL FUELS SUCH AS COAL, OIL, AND NATURAL GAS CAUSES A LARGE CHUNK OF GLOBAL EMISSIONS. IT ENDS UP WITH HOTTER TEMPERATURES. MORE SEVERE STORMS, INCREASED DROUGHTS, WARMING & RISING OCEANS, LOSS OF SPECIES, ONE OF ITS MAJOR EFFECTS IS OZONE LAYER DEPLETION. IN JUNE 1974 A SCIENTIFIC PAPER WAS PUBLISHED PROCLAIMING THAT CFCS WERE THE MAJOR REASON BEHIND DESTRUCTION OF THE LAYER WITH THE LIFE SPAN OF 40-150 YEARS. THEY WERE VERY STABLE ON THE GROUND BUT WHEN THEY WOULD GO INTO THE ATMOSPHERE & **COLLIDE WITH THE RADIATION OF SUN. THEY WOULD RELEASE CHLORINE INTO THE** ATMOSPHERE: THIS REACTED WITH OZONE MOLECULES & FORMED OXYGEN & CHLORINE MONOXIDE WHICH REACTED WITH INDIVIDUAL ATOMS OF OXYGEN & FORMED OXYGEN & **CHLORINE AGAIN. SO THIS CHLORINE WOULD AGAIN REACT WITH ANOTHER OZONE MOLECULE RESULTING IN AN INFINITE LOOP OF OZONE DEPLETION. IT WAS FIRST OBSERVED AROUND 1980'S WITH A DEPLETION OF ALARMING 40% ON THE TOP OF ANTARCTICA. THE** FIRST UN TREATY IN THE GLOBAL HISTORY TO BAN SUBSTANCES LIKE CFCS WAS IN 1986 WHERE ALL 198 MEMBER COUNTRIES RATIFIED THIS TREATY. HERE CFCS WERE REPLACED BY HFCS.

• WAYS TO CHECK & CURB CLIMATE CHANGE -REDUCE, REUSE, REPAIR& RECYCLE PROPERLY

- USE RENEWABLE ENERGY SOURCES
- USE LESS PLASTIC
- BE WATER-WISE
- BECOME A TREE AMBASSADOR
- MAKE YOUR YARD/BALCONY A POLLINATOR OASIS
- INDIA'S TAKE ON CLIMATE CHANGE

INDIA UPDATED ITS NATIONALLY DETERMINED CONTRIBUTIONS (NDCS) – PLANS TO LIMIT GLOBAL WARMING TO 1.5 DEGREES CELSIUS – IN AUGUST LAST YEAR, PROMISING TO REDUCE EMISSIONS INTENSITY OF GDP BY 45% BY 2030, FROM THE 2005 LEVEL, AND ACHIEVE 50% CUMULATIVE ELECTRIC POWER INSTALLED CAPACITY FROM NON-FOSSIL FUEL-BASED ENERGY RESOURCES BY 2030. LET'S JOIN HANDS TOGETHER FOR A CLEAN & GREEN TOMORROW. LET'S CHANGE OURSELVES & NOT THE PLANET!





PEHR SAGAR XI-A

इशिका IX -B

रघुकुल रीत सदा चली आई घर - घर में केवल खुशियाँ छाई चौदह साल वनवास में काटे घर लौटे तो खुशियां बांटी जन जन की आंखों में चला पानी मां सिया बनी रघुकुल की महारानी पुनः राम घर आ रहे हैं अयोध्या में फिर घर बना रहे हैं परंपरा, प्रतिष्ठा और नीति की लहर चली है जन जन राम पुकार रहा है सत्य की लहर चला रहा है।

राम



जीवन में कुछ करना है तो विद्यालय जाना है अनुशासन में रहकर पढ़ना, हर नियम का पालन करना कैसे बैठना, कैसे बोलना, भाईचारे से साथ में रहना सब कुछ यह सिखाता है विद्यालय ही तो है जो जीवन का सही मतलब बताता है।

सिद्धि अग्रवाल - IX - E

स्वस्थ भारत की नीव, भ्रष्टाचार मुक्त भारत

देश अष्ट समाज अष्ट, जो अष्ट मनोभाव हो अष्ट बुद्धि के फलस्वरूप, कैसे अष्ट न विकास हो ।

चाहे समग्र समाज की बात करें या उसमें रहने वाले छोटे से छोटे व्यक्ति की, आज के दौर में कौन भ्रष्ट नहीं है ? किसी का कर्म भ्रष्टाचार, किसी का धर्म भ्रष्टाचार, तो कोई खुद ही भ्रष्टाचार से जन्में हैं कोई कर्मों से भ्रष्ट है, तो कोई अपने विचारो से। कोई परिस्थिति के अनुसार भ्रष्टाचार में योगदान देता है, तो कोई परिस्थिति से बाध्य होकर।

अष्ट बुद्धि व्यक्ति के पतन का कारण बनती है, ठीक उसी प्रकार अष्ट समाज देश के पतन का कारण बनता है ।

> क्या उस शपथ का कोई मोल नही क्या फीके सारे वादे थे, यूं सीना ताने चलते हो क्या करने पन्ने काले थे? यूं दस फुट ऊंची आन तुम्हारी कर्मों ने रेत चटा ही दी, जो इतराकर तुम चलते थे तुमने आखिर मुंह की खा ही ली। क्या सपने सारे झूठे थे क्यों राहों से तुम रूठे थे क्यों राहों से तुम रूठे थे क्यों मां की लाज नहीं रखी तुम पुत्र भी एक अनूठे थे।

140 करोड़ की आबादी वाले इस भारतदेश में प्रत्येक नागरिक यदि सच में हिन्दुस्तान को सारे जहां से अच्छा बनाने की ठान ले, तो कोई भी बाधा उसका बाल बांका नहीं कर सकती । जरूरत है तो केवल ऐसे स्वार्थहीन मनुष्यों की, जो समाज के हर व्यक्ति को अपने परिवार का हिस्सा और देश को अपना स्वयं का घर समझते हों । भ्रष्ट विचारों से मुक्ति पाने के लिए केवल छोटा सा फासला तय करना शेष है। देश स्वस्थ समाज स्वस्थ, जो स्वस्थ मनोभाव हो स्वस्थ बुद्धि के फलस्वरूप, कैसे स्वस्थ न विकास हो। कार्तिकेय गर्ग X - E



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Thank you for watching Reflections Of The Year Gone By.

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